

## General Rules and Regulations - Girls

- All games will follow current US Lacrosse Youth Rules unless specified otherwise.
- Girls field information
  - Grades 3-4: 8v8 on 60x30 field with 6x6 goal
  - Grades 5-6/7-8: 12v12 on full field
- **Regulation Play**
  - All games are (2) 20-minute running halves
  - 5-minute halftime
  - 1 – 30 second timeout per half
  - Stop time last 1 minute of **second half only** (grades 7-8 only)
- **Overtime:**
  - Sudden victory period; first team to score wins
  - Each team receives 1 – 30 second time out
  - 2-minute break from second half to OT
  - Coin toss for choice of ends
- All challenges are final at end of game
- **Mercy Rule:** there is no mercy rule, however, good sportsmanship is HIGHLY recommended.
- **NO TAKE-OUT CHECKS or ILLEGAL BODY CONTACT PERMITTED** – any check in which a player lowers his head or shoulder with the force and intent to put the other player on the ground.
- Games will start at the designated time whether your team is present or not. 10 minutes late will result in forfeit.
- Any player, coach, or spectator using derogatory language on the field or bench when addressing a player, coach, official or all acts of unsportsmanlike conduct result in a yellow card and a two-minute non-releasable penalty.
  - Grades 3-4 the girls who gets the penalty sits out but the team may replace her
  - Grades 5-6/7-8 plays short for the two minutes
  - Third offense results in expulsion from game or sidelines
- **Home** (top) team has game clock, **Away** (bottom) team has penalty time
- All spectators are expected to show good sportsmanship and to be placed on opposite side of team
- If lightning is in area, play will be suspended by 3 long air horn blasts  
Tournament committee will decide if game(s) will be canceled due to weather/lightning. Standard procedure will apply before play is resumed